

In the past month, how often did you get headaches?

- a. Not at all b. Several days c. More than half of the days d. Nearly every day

In the past month, how often did you feel calm and happy?

- b. Not at all b. Several days c. More than half of the days d. Nearly every day

In the past month, how often did you get stomach pains?

- c. Not at all b. Several days c. More than half of the days d. Nearly every day

In the past month, how often did you fall asleep easily at night?

- d. Not at all b. Several days c. More than half of the days d. Nearly every day

In the past month, how often did you feel lonely?

- e. Not at all b. Several days c. More than half of the days d. Nearly every day

In the past month, how often did you feel that sometimes you can't manage with the things you have on your mind?

- f. Not at all b. Several days c. More than half of the days d. Nearly every day

In the past month, how often did you feel that it is easy to concentrate during lessons at school?

- g. Not at all b. Several days c. More than half of the days d. Nearly every day